



27. Abend-Berg-Lauf und 13. Schülercrossläufe

Friedrichroda / 06.05.2011

Detailed evaluation

Bärwolf, Silvia

Club: BAV

Number: 163

Course: 13.20 km

Berglauf lang

Category:

Frauen W50

Total time: 1:06:28

Speed: 11.74 km/h

Running performance: 5:02 min/km

Rank in course/Total: 63 (of 141)

Rank in course/Women: 3 (of 26)

Best time in course: 1:04:31

Rank in category: 1(of 3)

Best time in the category: 1:06:28