



27. Abend-Berg-Lauf und 13. Schülercrossläufe

Friedrichroda / 06.05.2011

Detailed evaluation

Waitz, Anke

Club: Sv Ernstroda

Number: 215

Course: 13.20 km

Berglauf lang

Category:

Frauen W45

Total time: 1:21:34

Speed: 9.56 km/h

Running performance: 6:11 min/km

Rank in course/Total: 125 (of 141)

Rank in course/Women: 17 (of 26)

Best time in course: 1:04:31

Rank in category: 4(of 8)

Best time in the category: 1:11:09