



33. Alteburglauf Arnstadt

Arnstadt / 06.05.2011

Detailed evaluation

Hein, Lisa

Club: Katholische Laufjugend Arnstadt

Number: 1737

Course: 3.50 km

Jugendlauf

Category:

AK 15 weiblich

Total time: 21:20

Speed: 8.44 km/h

Running performance: 6:06 min/km

Rank in course/Total: 17 (of 17)

Rank in course/Women: 6 (of 6)

Best time in course: 16:38

Rank in category: 1(of 1)

Best time in the category: 21:20