



## 33. Alteburglauf Arnstadt

Arnstadt / 06.05.2011

### Detailed evaluation

**Föt, Sören**

Club: LSV Lok Arnstadt

Number: 1758

Course: 10.00 km

Hauptlauf

Category:

Männer M20

Total time: 36:14

Speed: 16.56 km/h

Running performance: 3:37 min/km

Rank in course/Total: 1 (of 120)

Rank in course/Men: 1 (of 89)

Best time in course: 36:14

Rank in category: 1(of 14)

Best time in the category: 36:14