



33. Alteburglauf Arnstadt

Arnstadt / 06.05.2011

Detailed evaluation

Sonntag, Seven

Club: Arnstadt

Number: 1754

Course: 10.00 km

Hauptlauf

Category:

Männer M45

Total time: 41:51

Speed: 14.34 km/h

Running performance: 4:11 min/km

Rank in course/Total: 9 (of 120)

Rank in course/Men: 9 (of 89)

Best time in course: 36:14

Rank in category: 1(of 14)

Best time in the category: 41:51