



33. Alteburglauf Arnstadt

Arnstadt / 06.05.2011

Detailed evaluation

Glock, Carsten

Club: Katholische Laufjugend Arnstadt

Number: 1566

Course: 10.00 km

Hauptlauf

Category:

Männer M20

Total time: 42:26

Speed: 14.14 km/h

Running performance: 4:14 min/km

Rank in course/Total: 13 (of 120)

Rank in course/Men: 13 (of 89)

Best time in course: 36:14

Rank in category: 4(of 14)

Best time in the category: 36:14