



33. Alteburglauf Arnstadt

Arnstadt / 06.05.2011

Detailed evaluation

Kobel, Jan

Club: Arnstadt

Number: 1736

Course: 10.00 km

Hauptlauf

Category:

Männer M50

Total time: 45:13

Speed: 13.27 km/h

Running performance: 4:31 min/km

Rank in course/Total: 30 (of 120)

Rank in course/Men: 28 (of 89)

Best time in course: 36:14

Rank in category: 4(of 11)

Best time in the category: 44:12