



## 33. Alteburglauf Arnstadt

Arnstadt / 06.05.2011

### Detailed evaluation

**Kirsch, Steffen**

Club: Erfurt

Number: 1726

Course: 10.00 km

Hauptlauf

Category:

Männer M35

Total time: 45:42

Speed: 13.13 km/h

Running performance: 4:34 min/km

Rank in course/Total: 34 (of 120)

Rank in course/Men: 32 (of 89)

Best time in course: 36:14

Rank in category: 6(of 10)

Best time in the category: 41:48