



33. Alteburglauf Arnstadt

Arnstadt / 06.05.2011

Detailed evaluation

Reiche, Frank

Club: Motor Arnstadt

Number: 1542

Course: 10.00 km

Hauptlauf

Category:

Männer M45

Total time: 47:02

Speed: 12.76 km/h

Running performance: 4:42 min/km

Rank in course/Total: 40 (of 120)

Rank in course/Men: 37 (of 89)

Best time in course: 36:14

Rank in category: 7(of 14)

Best time in the category: 41:51