



33. Alteburglauf Arnstadt

Arnstadt / 06.05.2011

Detailed evaluation

Hahnemann, Norbert

Club: Arnstadt

Number: 1514

Course: 10.00 km

Hauptlauf

Category:

Männer M55

Total time: 48:44

Speed: 12.31 km/h

Running performance: 4:52 min/km

Rank in course/Total: 46 (of 120)

Rank in course/Men: 43 (of 89)

Best time in course: 36:14

Rank in category: 4(of 9)

Best time in the category: 40:17