



33. Alteburglauf Arnstadt

Arnstadt / 06.05.2011

Detailed evaluation

Freyberg, Michael

Club: Traktor-Rehestädt

Number: 1509

Course: 10.00 km

Hauptlauf

Category:

Männer M45

Total time: 48:46

Speed: 12.30 km/h

Running performance: 4:53 min/km

Rank in course/Total: 47 (of 120)

Rank in course/Men: 44 (of 89)

Best time in course: 36:14

Rank in category: 9(of 14)

Best time in the category: 41:51