



33. Alteburglauf Arnstadt

Arnstadt / 06.05.2011

Detailed evaluation

Hein, Michael

Club: Katholische Laufjugend Arnstadt

Number: 1515

Course: 10.00 km

Hauptlauf

Category:

Männer M40

Total time: 50:27

Speed: 11.89 km/h

Running performance: 5:02 min/km

Rank in course/Total: 59 (of 120)

Rank in course/Men: 51 (of 89)

Best time in course: 36:14

Rank in category: 9(of 15)

Best time in the category: 37:19