



33. Alteburglauf Arnstadt

Arnstadt / 06.05.2011

Detailed evaluation

Rode, Michael

Club: LTV Erfurt

Number: 1575

Course: 10.00 km

Hauptlauf

Category:

Männer M60

Total time: 51:51

Speed: 11.57 km/h

Running performance: 5:11 min/km

Rank in course/Total: 72 (of 120)

Rank in course/Men: 63 (of 89)

Best time in course: 36:14

Rank in category: 3(of 5)

Best time in the category: 47:31