



## 33. Alteburglauf Arnstadt

Arnstadt / 06.05.2011

### Detailed evaluation

**Zelle, Monique**

Club: Dream Team Ilmenau

Number: 1561

Course: 10.00 km

Hauptlauf

Category:

Frauen W40

Total time: 51:54

Speed: 11.56 km/h

Running performance: 5:11 min/km

Rank in course/Total: 74 (of 120)

Rank in course/Women: 10 (of 31)

Best time in course: 43:12

Rank in category: 3(of 6)

Best time in the category: 49:49