



33. Alteburglauf Arnstadt

Arnstadt / 06.05.2011

Detailed evaluation

Gering, Ronny

Club: Arnstadt

Number: 1565

Course: 10.00 km

Hauptlauf

Category:

Männer M30

Total time: 52:04

Speed: 11.52 km/h

Running performance: 5:13 min/km

Rank in course/Total: 76 (of 120)

Rank in course/Men: 66 (of 89)

Best time in course: 36:14

Rank in category: 4(of 5)

Best time in the category: 44:57