



## 33. Alteburglauf Arnstadt

Arnstadt / 06.05.2011

### Detailed evaluation

**Bielesch, Nikolaus**

Club: PMSC Erfurt e.V.

Number: 1704

Course: 10.00 km

Hauptlauf

Category:

Männer M70

Total time: 54:28

Speed: 11.02 km/h

Running performance: 5:27 min/km

Rank in course/Total: 91 (of 120)

Rank in course/Men: 78 (of 89)

Best time in course: 36:14

Rank in category: 2(of 3)

Best time in the category: 53:52