



33. Alteburglauf Arnstadt

Arnstadt / 06.05.2011

Detailed evaluation

Herzberg, Andrea

Club: Arnstadt

Number: 1567

Course: 10.00 km

Hauptlauf

Category:

Frauen W45

Total time: 56:33

Speed: 10.61 km/h

Running performance: 5:40 min/km

Rank in course/Total: 100 (of 120)

Rank in course/Women: 17 (of 31)

Best time in course: 43:12

Rank in category: 4(of 6)

Best time in the category: 44:28