



## 33. Alteburglauf Arnstadt

Arnstadt / 06.05.2011

### Detailed evaluation

**Raab, Katrin**

Club: LSV Lok Arnstadt

Number: 1540

Course: 10.00 km

Hauptlauf

Category:

Frauen W20

Total time: 57:30

Speed: 10.43 km/h

Running performance: 5:45 min/km

Rank in course/Total: 102 (of 120)

Rank in course/Women: 18 (of 31)

Best time in course: 43:12

Rank in category: 6(of 8)

Best time in the category: 43:12