



33. Alteburglauf Arnstadt

Arnstadt / 06.05.2011

Detailed evaluation

Raab, Marina

Club: LSV Lok Arnstadt

Number: 1538

Course: 10.00 km

Hauptlauf

Category:

Frauen W50

Total time: 59:59

Speed: 10.00 km/h

Running performance: 6:00 min/km

Rank in course/Total: 107 (of 120)

Rank in course/Women: 23 (of 31)

Best time in course: 43:12

Rank in category: 4(of 5)

Best time in the category: 48:51