



33. Alteburglauf Arnstadt

Arnstadt / 06.05.2011

Detailed evaluation

Völker, Ekkehard

Club: Arnstadt

Number: 1558

Course: 10.00 km

Hauptlauf

Category:

Männer M45

Total time: 1:01:03

Speed: 9.83 km/h

Running performance: 6:06 min/km

Rank in course/Total: 109 (of 120)

Rank in course/Men: 85 (of 89)

Best time in course: 36:14

Rank in category: 13(of 14)

Best time in the category: 41:51