



33. Alteburglauf Arnstadt

Arnstadt / 06.05.2011

Detailed evaluation

Gießler, Nancy

Club: Arnstadt

Number: 1511

Course: 10.00 km

Hauptlauf

Category:

Frauen W30

Total time: 1:04:38

Speed: 9.28 km/h

Running performance: 6:28 min/km

Rank in course/Total: 115 (of 120)

Rank in course/Women: 28 (of 31)

Best time in course: 43:12

Rank in category: 4(of 4)

Best time in the category: 52:25