



33. Alteburglauf Arnstadt

Arnstadt / 06.05.2011

Detailed evaluation

Erbe, Dieter

Club: Arnstadt

Number: 1563

Course: 10.00 km

Hauptlauf

Category:

Männer M70

Total time: 1:05:08

Speed: 9.21 km/h

Running performance: 6:31 min/km

Rank in course/Total: 117 (of 120)

Rank in course/Men: 88 (of 89)

Best time in course: 36:14

Rank in category: 3(of 3)

Best time in the category: 53:52