



## 33. Alteburglauf Arnstadt

Arnstadt / 06.05.2011

### Detailed evaluation

**Herzer, Nils**

Club: LSV Lok Arnstadt

Number: 1595

Course: 1.20 km

Schüler- und Jedermannlauf

Category:

AK 11 männlich

Total time: 5:01

Speed: 11.96 km/h

Running performance: 4:11 min/km

Rank in course/Total: 1 (of 101)

Rank in course/Men: 1 (of 62)

Best time in course: 5:01

Rank in category: 1(of 11)

Best time in the category: 5:01