



33. Alteburglauf Arnstadt

Arnstadt / 06.05.2011

Detailed evaluation

Lampe, Ole-Simon

Club: LSV Lok Arnstadt

Number: 1645

Course: 1.20 km

Schüler- und Jedermannlauf

Category:

AK 11 männlich

Total time: 6:29

Speed: 9.25 km/h

Running performance: 5:24 min/km

Rank in course/Total: 51 (of 101)

Rank in course/Men: 39 (of 62)

Best time in course: 5:01

Rank in category: 9(of 11)

Best time in the category: 5:01