



38. SOLA-Stafette

Zürich / 07.05.2011

Detailed evaluation

ksh-selection

Club: FH
Number: 137

Course: 116.80 km
Sola-Stafette

Category:
Langsame

Total time: 10:28:50

Speed: 11.14 km/h
Running performance: 5:23 min/km

Rank in course: 504 (of 790)

Best time in course: 6:52:28

Rank in category: 226(of 477)

Best time in the category: 8:43:10

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hönggerberg	4.40		5:10	125	5:34	290	6:57	4.40	22:46	5:10	1	22:46	1	22:46
Buchlern	13.25		5:51	457	30:00	761	34:30	17.65	1:40:17	5:40	1	1:40:17	1	1:40:17
Uetliberg	6.20		5:28	44	4:44	135	8:20	23.85	2:14:13	5:37	1	2:14:13	1	2:14:13
Felsenegg	5.90		4:21	13	3:06	58	5:47	29.75	2:39:57	5:22	1	2:39:57	1	2:39:57
Buchlern	14.02		4:53	165	16:48	370	20:49	43.77	3:48:34	5:13	1	3:48:34	1	3:48:34
Hönggerberg	11.10		5:36	312	20:26	574	23:07	54.87	4:50:50	5:18	1	4:50:50	1	4:50:50
Irchel	5.10		5:43	260	10:04	513	12:24	59.97	5:20:00	5:20	1	5:20:00	1	5:20:00
Fluntern	6.34		5:27	286	10:46	540	12:51	66.31	5:54:39	5:20	1	5:54:39	1	5:54:39
Forch	11.30		5:28	268	20:22	518	23:14	77.61	6:56:33	5:22	1	6:56:33	1	6:56:33
Egg	8.75		5:18	180	12:58	389	14:12	86.36	7:42:56	5:21	1	7:42:56	1	7:42:56
Zumikon	12.99		5:24	232	17:09	477	23:18	99.35	8:53:13	5:22	1	8:53:13	1	8:53:13
Witikon	6.91		6:16	453	19:35	759	22:23	106.26	9:36:38	5:25	1	9:36:38	1	9:36:38
Fluntern	4.90		4:12	18	3:47	74	4:19	111.16	9:57:16	5:22	1	9:57:16	1	9:57:16
Control	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		5:35	341	11:21	615	12:55	116.80	10:28:50	5:23	237	2:18:38	522	3:36:54