



# 38. SOLA-Stafette

Zürich / 07.05.2011

## Detailed evaluation

### STRICKHOF 3

Club: FH  
Number: 142

Course: 116.80 km  
Sola-Stafette

Category:  
Langsame

Total time: 10:35:20

Speed: 10.95 km/h  
Running performance: 5:26 min/km

Rank in course: 545 (of 790)

Best time in course: 6:52:28

Rank in category: 258(of 477)

Best time in the category: 8:43:10

Intermediate times								Stage score				Total ranking			
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Hönggerberg	4.40		5:02	87	4:59	220	6:22	4.40	22:11	5:02	1	22:11	1	22:11	
Buchlern	13.25		5:25	407	24:24	700	28:54	17.65	1:34:06	5:19	1	1:34:06	1	1:34:06	
Uetliberg	6.20		6:27	278	10:50	527	14:26	23.85	2:14:08	5:37	1	2:14:08	1	2:14:08	
Felsenegg	5.90		5:54	350	12:13	628	14:54	29.75	2:48:59	5:40	1	2:48:59	1	2:48:59	
Buchlern	14.02		5:19	298	22:50	565	26:51	43.77	4:03:38	5:33	1	4:03:38	1	4:03:38	
Hönggerberg	11.10		6:07	415	26:04	706	28:45	54.87	5:11:32	5:40	1	5:11:32	1	5:11:32	
Irchel	5.10		4:45	65	5:11	180	7:31	59.97	5:35:49	5:35	1	5:35:49	1	5:35:49	
Fluntern	6.34		5:02	138	8:07	323	10:12	66.31	6:07:49	5:32	1	6:07:49	1	6:07:49	
Forch	11.30		5:44	338	23:26	620	26:18	77.61	7:12:47	5:34	1	7:12:47	1	7:12:47	
Egg	8.75		5:35	285	15:32	537	16:46	86.36	8:01:44	5:34	1	8:01:44	1	8:01:44	
Zumikon	12.99		5:09	155	13:58	360	20:07	99.35	9:08:50	5:31	1	9:08:50	1	9:08:50	
Witikon	6.91		4:58	273	10:35	522	13:23	106.26	9:43:15	5:29	1	9:43:15	1	9:43:15	
Fluntern	4.90		5:48	317	11:36	590	12:08	111.16	10:11:42	5:30	1	10:11:42	1	10:11:42	
Control	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-	
Irchel	5.64		4:11	18	3:25	67	4:59	116.80	10:35:20	5:26	269	2:25:08	563	3:43:24	