



38. SOLA-Stafette

Zürich / 07.05.2011

Detailed evaluation

Alwegroga

Club: Alumni
Number: 166

Course: 116.80 km
Sola-Stafette

Category:
Langsame

Total time: 10:19:07

Speed: 11.24 km/h
Running performance: 5:18 min/km

Rank in course: 431 (of 790)

Best time in course: 6:52:28

Rank in category: 168(of 477)

Best time in the category: 8:43:10

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos | | Behind | | Total km | Total Time | Total min/km | Pos | | Behind | |
|-------------|----------|------------|--------------|------|-------|--------|-------|----------|------------|--------------|------|---------|--------|---------|
| | | | | Cat. | Cat. | Total | Total | | | | Cat. | Cat. | Total | Total |
| Hönggerberg | 4.40 | | 5:13 | 140 | 5:47 | 315 | 7:10 | 4.40 | 22:59 | 5:13 | 1 | 22:59 | 1 | 22:59 |
| Buchlern | 13.25 | | 5:19 | 389 | 22:59 | 678 | 27:29 | 17.65 | 1:33:29 | 5:17 | 1 | 1:33:29 | 1 | 1:33:29 |
| Uetliberg | 6.20 | | 6:23 | 259 | 10:28 | 500 | 14:04 | 23.85 | 2:13:09 | 5:34 | 1 | 2:13:09 | 1 | 2:13:09 |
| Felsenegg | 5.90 | | 5:16 | 180 | 8:30 | 385 | 11:11 | 29.75 | 2:44:17 | 5:31 | 1 | 2:44:17 | 1 | 2:44:17 |
| Buchlern | 14.02 | | 4:41 | 100 | 13:55 | 258 | 17:56 | 43.77 | 3:50:01 | 5:15 | 1 | 3:50:01 | 1 | 3:50:01 |
| Hönggerberg | 11.10 | | 5:33 | 297 | 19:48 | 554 | 22:29 | 54.87 | 4:51:39 | 5:18 | 1 | 4:51:39 | 1 | 4:51:39 |
| Irchel | 5.10 | | 5:33 | 223 | 9:17 | 462 | 11:37 | 59.97 | 5:20:02 | 5:20 | 1 | 5:20:02 | 1 | 5:20:02 |
| Fluntern | 6.34 | | 4:49 | 74 | 6:42 | 206 | 8:47 | 66.31 | 5:50:37 | 5:17 | 1 | 5:50:37 | 1 | 5:50:37 |
| Forch | 11.30 | | 6:04 | 398 | 27:07 | 698 | 29:59 | 77.61 | 6:59:16 | 5:24 | 1 | 6:59:16 | 1 | 6:59:16 |
| Egg | 8.75 | | 5:07 | 126 | 11:29 | 308 | 12:43 | 86.36 | 7:44:10 | 5:22 | 1 | 7:44:10 | 1 | 7:44:10 |
| Zumikon | 12.99 | | 5:39 | 302 | 20:18 | 575 | 26:27 | 99.35 | 8:57:36 | 5:24 | 1 | 8:57:36 | 1 | 8:57:36 |
| Witikon | 6.91 | | 4:39 | 160 | 8:22 | 361 | 11:10 | 106.26 | 9:29:48 | 5:21 | 1 | 9:29:48 | 1 | 9:29:48 |
| Fluntern | 4.90 | | 4:46 | 79 | 6:33 | 241 | 7:05 | 111.16 | 9:53:12 | 5:20 | 1 | 9:53:12 | 1 | 9:53:12 |
| Control | - | fehlt! | - | - | - | - | - | 111.16 | - | - | - | - | - | - |
| Irchel | 5.64 | | 4:35 | 85 | 5:42 | 210 | 7:16 | 116.80 | 10:19:07 | 5:18 | 179 | 2:08:55 | 449 | 3:27:11 |