



# 38. SOLA-Stafette

Zürich / 07.05.2011

## Detailed evaluation

### F.A.O.A.O Deadants

Club: Alumni

Number: 219

Course: 116.80 km

Sola-Stafette

Category:

Langsame

Total time: 11:13:31

Speed: 10.41 km/h

Running performance: 5:45 min/km

Rank in course: 717 (of 790)

Best time in course: 6:52:28

Rank in category: 415(of 477)

Best time in the category: 8:43:10

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hönggerberg	4.40		6:22	410	10:50	706	12:13	4.40	28:02	6:22	1	28:02	1	28:02
Buchlern	13.25		5:07	341	20:27	620	24:57	17.65	1:36:00	5:26	1	1:36:00	1	1:36:00
Uetliberg	6.20		6:36	309	11:44	574	15:20	23.85	2:16:56	5:44	1	2:16:56	1	2:16:56
Felsenegg	5.90		5:55	357	12:21	638	15:02	29.75	2:51:55	5:46	1	2:51:55	1	2:51:55
Buchlern	14.02		6:02	426	32:57	730	36:58	43.77	4:16:41	5:51	1	4:16:41	1	4:16:41
Hönggerberg	11.10		6:09	418	26:28	710	29:09	54.87	5:24:59	5:55	1	5:24:59	1	5:24:59
Irchel	5.10		6:37	419	14:43	718	17:03	59.97	5:58:48	5:58	1	5:58:48	1	5:58:48
Fluntern	6.34		6:27	439	17:01	744	19:06	66.31	6:39:42	6:01	1	6:39:42	1	6:39:42
Forch	11.30		5:17	208	18:20	428	21:12	77.61	7:39:34	5:55	1	7:39:34	1	7:39:34
Egg	8.75		5:06	117	11:16	294	12:30	86.36	8:24:15	5:50	1	8:24:15	1	8:24:15
Zumikon	12.99		5:11	159	14:12	367	20:21	99.35	9:31:35	5:45	1	9:31:35	1	9:31:35
Witikon	6.91		5:14	333	12:25	604	15:13	106.26	10:07:50	5:43	1	10:07:50	1	10:07:50
Fluntern	4.90		6:35	434	15:26	739	15:58	111.16	10:40:07	5:45	1	10:40:07	1	10:40:07
Control	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		5:55	388	13:11	684	14:45	116.80	11:13:31	5:45	427	3:03:19	737	4:21:35