



# 38. SOLA-Stafette

Zürich / 07.05.2011

## Detailed evaluation

### Legando läuft

Club: Alumni  
Number: 253

Course: 116.80 km  
Sola-Stafette

Category:  
Langsame

Total time: 11:07:34

Speed: 10.43 km/h  
Running performance: 5:42 min/km

Rank in course: 702 (of 790)

Best time in course: 6:52:28

Rank in category: 401 (of 477)

Best time in the category: 8:43:10

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hönggerberg	4.40		5:19	166	6:15	353	7:38	4.40	23:27	5:19	1	23:27	1	23:27
Buchlern	13.25		4:46	210	15:42	439	20:12	17.65	1:26:40	4:54	1	1:26:40	1	1:26:40
Uetliberg	6.20		7:00	376	14:12	667	17:48	23.85	2:10:04	5:27	1	2:10:04	1	2:10:04
Felsenegg	5.90		5:19	191	8:46	401	11:27	29.75	2:41:28	5:25	1	2:41:28	1	2:41:28
Buchlern	14.02		6:41	465	42:05	775	46:06	43.77	4:15:22	5:50	1	4:15:22	1	4:15:22
Hönggerberg	11.10		6:24	440	29:13	742	31:54	54.87	5:26:25	5:56	1	5:26:25	1	5:26:25
Irchel	5.10		4:31	33	3:57	103	6:17	59.97	5:49:28	5:49	1	5:49:28	1	5:49:28
Fluntern	6.34		6:38	457	18:16	763	20:21	66.31	6:31:37	5:54	1	6:31:37	1	6:31:37
Forch	11.30		5:40	316	22:32	593	25:24	77.61	7:35:41	5:52	1	7:35:41	1	7:35:41
Egg	8.75		5:51	355	17:52	633	19:06	86.36	8:26:58	5:52	1	8:26:58	1	8:26:58
Zumikon	12.99		5:29	264	18:09	522	24:18	99.35	9:38:15	5:49	1	9:38:15	1	9:38:15
Witikon	6.91		4:21	87	6:15	218	9:03	106.26	10:08:20	5:43	1	10:08:20	1	10:08:20
Fluntern	4.90		5:59	359	12:30	642	13:02	111.16	10:37:41	5:44	1	10:37:41	1	10:37:41
Control	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		5:17	274	9:40	520	11:14	116.80	11:07:34	5:42	413	2:57:22	722	4:15:38