



38. SOLA-Stafette

Zürich / 07.05.2011

Detailed evaluation

Pharma Sprinters

Club: Alumni
Number: 284

Course: 116.80 km
Sola-Stafette

Category:
Langsame

Total time: 11:38:05

Speed: 9.97 km/h
Running performance: 5:58 min/km

Rank in course: 759 (of 790)

Best time in course: 6:52:28

Rank in category: 454(of 477)

Best time in the category: 8:43:10

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hönggerberg	4.40		5:00	85	4:51	214	6:14	4.40	22:03	5:00	1	22:03	1	22:03
Buchlern	13.25		5:23	400	23:50	692	28:20	17.65	1:33:24	5:17	1	1:33:24	1	1:33:24
Uetliberg	6.20		7:59	452	20:20	757	23:56	23.85	2:22:56	5:59	1	2:22:56	1	2:22:56
Felsenegg	5.90		6:06	398	13:26	687	16:07	29.75	2:59:00	6:01	1	2:59:00	1	2:59:00
Buchlern	14.02		5:07	243	20:07	487	24:08	43.77	4:10:56	5:43	1	4:10:56	1	4:10:56
Hönggerberg	11.10		4:47	89	11:20	221	14:01	54.87	5:04:06	5:32	1	5:04:06	1	5:04:06
Irchel	5.10		6:00	328	11:35	607	13:55	59.97	5:34:47	5:34	1	5:34:47	1	5:34:47
Fluntern	6.34		5:14	206	9:21	434	11:26	66.31	6:08:01	5:32	1	6:08:01	1	6:08:01
Forch	11.30		6:53	463	36:25	776	39:17	77.61	7:25:58	5:44	1	7:25:58	1	7:25:58
Egg	8.75		7:07	460	28:54	771	30:08	86.36	8:28:17	5:53	1	8:28:17	1	8:28:17
Zumikon	12.99		7:50	474	48:47	786	54:56	99.35	10:10:12	6:08	1	10:10:12	1	10:10:12
Witikon	6.91		4:52	237	9:51	474	12:39	106.26	10:43:53	6:03	1	10:43:53	1	10:43:53
Fluntern	4.90		5:43	299	11:12	566	11:44	111.16	11:11:56	6:02	1	11:11:56	1	11:11:56
Control	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		4:38	96	5:56	231	7:30	116.80	11:38:05	5:58	466	3:27:53	779	4:46:09