



38. SOLA-Stafette

Zürich / 07.05.2011

Detailed evaluation

Turbo-Man

Club: Alumni
Number: 344

Course: 116.80 km
Sola-Stafette

Category:
Langsame

Total time: 9:31:23

Speed: 12.26 km/h
Running performance: 4:53 min/km

Rank in course: 143 (of 790)

Best time in course: 6:52:28

Rank in category: 14(of 477)

Best time in the category: 8:43:10

Intermediate times								Stage score				Total ranking			
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Hönggerberg	4.40		4:55	66	4:27	169	5:50	4.40	21:39	4:55	1	21:39	1	21:39	
Buchlern	13.25		4:00	13	5:33	70	10:03	17.65	1:14:43	4:13	1	1:14:43	1	1:14:43	
Uetliberg	6.20		6:43	325	12:28	598	16:04	23.85	1:56:23	4:52	1	1:56:23	1	1:56:23	
Felsenegg	5.90		4:05	5	1:33	27	4:14	29.75	2:20:34	4:43	1	2:20:34	1	2:20:34	
Buchlern	14.02		5:24	329	24:02	606	28:03	43.77	3:36:25	4:56	1	3:36:25	1	3:36:25	
Hönggerberg	11.10		4:39	60	9:57	156	12:38	54.87	4:28:12	4:53	1	4:28:12	1	4:28:12	
Irchel	5.10		5:07	131	7:04	303	9:24	59.97	4:54:22	4:54	1	4:54:22	1	4:54:22	
Fluntern	6.34		5:33	309	11:19	573	13:24	66.31	5:29:34	4:58	1	5:29:34	1	5:29:34	
Forch	11.30		4:20	13	7:37	60	10:29	77.61	6:18:43	4:52	1	6:18:43	1	6:18:43	
Egg	8.75		5:09	133	11:47	319	13:01	86.36	7:03:55	4:54	1	7:03:55	1	7:03:55	
Zumikon	12.99		4:43	49	8:09	169	14:18	99.35	8:05:12	4:53	1	8:05:12	1	8:05:12	
Witikon	6.91		5:09	316	11:50	582	14:38	106.26	8:40:52	4:54	1	8:40:52	1	8:40:52	
Fluntern	4.90		4:25	36	4:49	131	5:21	111.16	9:02:32	4:52	1	9:02:32	1	9:02:32	
Control	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-	
Irchel	5.64		5:06	216	8:38	436	10:12	116.80	9:31:23	4:53	19	1:21:11	152	2:39:27	