38. SOLA-Stafette
Zürich / 07.05.2011

Detailed evaluation

Varian Runners

Club: Alumni
Number: 353

Course: 116.80 km
Sola-Stafette

Category:
Langsame

Total time: 10:09:23

Speed: 11.50 km/h
Running performance: 5:13 min/km

Rank in course: 371 (of 790)
Best time in course: 6:52:28

Rank in category: 125(of 477)
Best time in the category: 8:43:10

Intermediate times

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Stage score Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Total ranking Behind Total
Hönggerberg	4.40		5:48	302	8:20	563	9:43	4.40	25:32	5:48	1	25:32	1	25:32
Buchlern	13.25		4:18	56	9:35	180	14:05	17.65	1:22:38	4:40	1	1:22:38	1	1:22:38
Uetliberg	6.20		8:40	467	24:35	777	28:11	23.85	2:16:25	5:43	1	2:16:25	1	2:16:25
Felsenegg	5.90		5:28	235	9:42	464	12:23	29.75	2:48:45	5:40	1	2:48:45	1	2:48:45
Buchlern	14.02		5:15	281	21:50	544	25:51	43.77	4:02:24	5:32	1	4:02:24	1	4:02:24
Hönggerberg	11.10		4:24	32	7:10	81	9:51	54.87	4:51:24	5:18	1	4:51:24	1	4:51:24
Irchel	5.10		5:56	306	11:11	581	13:31	59.97	5:21:41	5:21	1	5:21:41	1	5:21:41
Fluntern	6.34		4:59	122	7:44	292	9:49	66.31	5:53:18	5:19	1	5:53:18	1	5:53:18
Forch	11.30		4:56	91	14:22	251	17:14	77.61	6:49:12	5:16	1	6:49:12	1	6:49:12
Egg	8.75		5:31	263	14:58	507	16:12	86.36	7:37:35	5:17	1	7:37:35	1	7:37:35
Zumikon	12.99		4:51	75	9:59	225	16:08	99.35	8:40:42	5:14	1	8:40:42	1	8:40:42
Witikon	6.91		4:16	63	5:43	172	8:31	106.26	9:10:15	5:10	1	9:10:15	1	9:10:15
Fluntern	4.90		5:36	272	10:36	531	11:08	111.16	9:37:42	5:11	1	9:37:42	1	9:37:42
Control	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		5:37	347	11:28	622	13:02	116.80	10:09:23	5:13	136	1:59:11	388	3:17:27