



38. SOLA-Stafette

Zürich / 07.05.2011

Detailed evaluation

An-Aerobic

Club: Ang.
Number: 377

Course: 116.80 km
Sola-Stafette

Category:
Langsame

Total time: 10:22:47

Speed: 11.25 km/h
Running performance: 5:19 min/km

Rank in course: 457 (of 790)

Best time in course: 6:52:28

Rank in category: 188(of 477)

Best time in the category: 8:43:10

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Hönggerberg	4.40		6:08	384	9:51	664	11:14	4.40	27:03	6:08	1	27:03	1	27:03
Buchlern	13.25		5:10	358	21:09	639	25:39	17.65	1:35:43	5:25	1	1:35:43	1	1:35:43
Uetliberg	6.20		6:57	369	13:59	660	17:35	23.85	2:18:54	5:49	1	2:18:54	1	2:18:54
Felsenegg	5.90		5:02	125	7:04	290	9:45	29.75	2:48:36	5:40	1	2:48:36	1	2:48:36
Buchlern	14.02		5:19	300	22:54	567	26:55	43.77	4:03:19	5:33	1	4:03:19	1	4:03:19
Hönggerberg	11.10		6:14	422	27:26	719	30:07	54.87	5:12:35	5:41	1	5:12:35	1	5:12:35
Irchel	5.10		4:52	86	5:46	218	8:06	59.97	5:37:27	5:37	1	5:37:27	1	5:37:27
Fluntern	6.34		5:52	366	13:24	652	15:29	66.31	6:14:44	5:39	1	6:14:44	1	6:14:44
Forch	11.30		5:05	138	15:58	324	18:50	77.61	7:12:14	5:34	1	7:12:14	1	7:12:14
Egg	8.75		4:25	11	5:15	55	6:29	86.36	7:50:54	5:27	1	7:50:54	1	7:50:54
Zumikon	12.99		4:35	33	6:33	125	12:42	99.35	8:50:35	5:20	1	8:50:35	1	8:50:35
Witikon	6.91		4:23	97	6:33	238	9:21	106.26	9:20:58	5:16	1	9:20:58	1	9:20:58
Fluntern	4.90		6:19	406	14:08	703	14:40	111.16	9:51:57	5:19	1	9:51:57	1	9:51:57
Control	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		5:28	315	10:37	576	12:11	116.80	10:22:47	5:19	199	2:12:35	475	3:30:51