



38. SOLA-Stafette
Zürich / 07.05.2011

Detailed evaluation

pflegimuri.ch

Club: Ang.

Number: 446

Course: 116.80 km

Sola-Stafette

Category:

Langsame

Total time: 10:24:15

Speed: 11.15 km/h

Running performance: 5:20 min/km

Rank in course: 468 (of 790)

Best time in course: 6:52:28

Rank in category: 196(of 477)

Best time in the category: 8:43:10

Intermediate times								Stage score				Total ranking			
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Hönggerberg	4.40		5:30	218	7:04	443	8:27	4.40	24:16	5:30	1	24:16	1	24:16	
Buchlern	13.25		4:23	78	10:47	225	15:17	17.65	1:22:34	4:40	1	1:22:34	1	1:22:34	
Uetliberg	6.20		6:19	244	10:04	480	13:40	23.85	2:01:50	5:06	1	2:01:50	1	2:01:50	
Felsenegg	5.90		4:50	78	5:56	202	8:37	29.75	2:30:24	5:03	1	2:30:24	1	2:30:24	
Buchlern	14.02		4:50	147	16:07	337	20:08	43.77	3:38:20	4:59	1	3:38:20	1	3:38:20	
Hönggerberg	11.10		5:41	331	21:19	601	24:00	54.87	4:41:29	5:07	1	4:41:29	1	4:41:29	
Irchel	5.10		6:02	334	11:43	615	14:03	59.97	5:12:18	5:12	1	5:12:18	1	5:12:18	
Fluntern	6.34		6:21	433	16:23	735	18:28	66.31	5:52:34	5:19	1	5:52:34	1	5:52:34	
Forch	11.30		5:34	294	21:25	561	24:17	77.61	6:55:31	5:21	1	6:55:31	1	6:55:31	
Egg	8.75		5:35	280	15:29	531	16:43	86.36	7:44:25	5:22	1	7:44:25	1	7:44:25	
Zumikon	12.99		4:54	86	10:43	243	16:52	99.35	8:48:16	5:19	1	8:48:16	1	8:48:16	
Witikon	6.91		5:57	431	17:20	734	20:08	106.26	9:29:26	5:21	1	9:29:26	1	9:29:26	
Fluntern	4.90		5:00	135	7:40	334	8:12	111.16	9:53:57	5:20	1	9:53:57	1	9:53:57	
Control	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-	
Irchel	5.64		5:22	294	10:05	548	11:39	116.80	10:24:15	5:20	207	2:14:03	486	3:32:19	