



38. SOLA-Stafette

Zürich / 07.05.2011

Detailed evaluation

Sofa Hasis

Club: Ang.
Number: 461

Course: 116.80 km
Sola-Stafette

Category:
Langsame

Total time: 10:00:50

Speed: 11.58 km/h
Running performance: 5:08 min/km

Rank in course: 309 (of 790)

Best time in course: 6:52:28

Rank in category: 88(of 477)

Best time in the category: 8:43:10

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hönggerberg	4.40		5:35	243	7:25	479	8:48	4.40	24:37	5:35	1	24:37	1	24:37
Buchlern	13.25		4:27	91	11:32	250	16:02	17.65	1:23:40	4:44	1	1:23:40	1	1:23:40
Uetliberg	6.20		6:31	293	11:14	550	14:50	23.85	2:04:06	5:12	1	2:04:06	1	2:04:06
Felsenegg	5.90		5:11	158	7:59	349	10:40	29.75	2:34:43	5:12	1	2:34:43	1	2:34:43
Buchlern	14.02		5:14	278	21:39	539	25:40	43.77	3:48:11	5:12	1	3:48:11	1	3:48:11
Hönggerberg	11.10		5:08	173	15:14	376	17:55	54.87	4:45:15	5:11	1	4:45:15	1	4:45:15
Irchel	5.10		4:30	31	3:54	100	6:14	59.97	5:08:15	5:08	1	5:08:15	1	5:08:15
Fluntern	6.34		6:11	416	15:23	718	17:28	66.31	5:47:31	5:14	1	5:47:31	1	5:47:31
Forch	11.30		5:02	122	15:30	299	18:22	77.61	6:44:33	5:12	1	6:44:33	1	6:44:33
Egg	8.75		5:40	306	16:17	568	17:31	86.36	7:34:15	5:15	1	7:34:15	1	7:34:15
Zumikon	12.99		4:25	14	4:27	70	10:36	99.35	8:31:50	5:09	1	8:31:50	1	8:31:50
Witikon	6.91		4:21	88	6:17	220	9:05	106.26	9:01:57	5:06	1	9:01:57	1	9:01:57
Fluntern	4.90		5:37	276	10:42	536	11:14	111.16	9:29:30	5:07	1	9:29:30	1	9:29:30
Control	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		5:33	335	11:07	608	12:41	116.80	10:00:50	5:08	98	1:50:38	325	3:08:54