



38. SOLA-Stafette

Zürich / 07.05.2011

Detailed evaluation

Sofa Hasis

Club: Ang.
Number: 461

Course: 116.80 km
Sola-Stafette

Category:
Langsame

Total time: 10:00:50

Speed: 11.58 km/h
Running performance: 5:08 min/km

Rank in course: 309 (of 790)

Best time in course: 6:52:28

Rank in category: 88(of 477)

Best time in the category: 8:43:10

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| Hönggerberg | 4.40 | | 5:35 | 243 | 7:25 | 479 | 8:48 | 4.40 | 24:37 | 5:35 | 1 | 24:37 | 1 | 24:37 |
| Buchlern | 13.25 | | 4:27 | 91 | 11:32 | 250 | 16:02 | 17.65 | 1:23:40 | 4:44 | 1 | 1:23:40 | 1 | 1:23:40 |
| Uetliberg | 6.20 | | 6:31 | 293 | 11:14 | 550 | 14:50 | 23.85 | 2:04:06 | 5:12 | 1 | 2:04:06 | 1 | 2:04:06 |
| Felsenegg | 5.90 | | 5:11 | 158 | 7:59 | 349 | 10:40 | 29.75 | 2:34:43 | 5:12 | 1 | 2:34:43 | 1 | 2:34:43 |
| Buchlern | 14.02 | | 5:14 | 278 | 21:39 | 539 | 25:40 | 43.77 | 3:48:11 | 5:12 | 1 | 3:48:11 | 1 | 3:48:11 |
| Hönggerberg | 11.10 | | 5:08 | 173 | 15:14 | 376 | 17:55 | 54.87 | 4:45:15 | 5:11 | 1 | 4:45:15 | 1 | 4:45:15 |
| Irchel | 5.10 | | 4:30 | 31 | 3:54 | 100 | 6:14 | 59.97 | 5:08:15 | 5:08 | 1 | 5:08:15 | 1 | 5:08:15 |
| Fluntern | 6.34 | | 6:11 | 416 | 15:23 | 718 | 17:28 | 66.31 | 5:47:31 | 5:14 | 1 | 5:47:31 | 1 | 5:47:31 |
| Forch | 11.30 | | 5:02 | 122 | 15:30 | 299 | 18:22 | 77.61 | 6:44:33 | 5:12 | 1 | 6:44:33 | 1 | 6:44:33 |
| Egg | 8.75 | | 5:40 | 306 | 16:17 | 568 | 17:31 | 86.36 | 7:34:15 | 5:15 | 1 | 7:34:15 | 1 | 7:34:15 |
| Zumikon | 12.99 | | 4:25 | 14 | 4:27 | 70 | 10:36 | 99.35 | 8:31:50 | 5:09 | 1 | 8:31:50 | 1 | 8:31:50 |
| Witikon | 6.91 | | 4:21 | 88 | 6:17 | 220 | 9:05 | 106.26 | 9:01:57 | 5:06 | 1 | 9:01:57 | 1 | 9:01:57 |
| Fluntern | 4.90 | | 5:37 | 276 | 10:42 | 536 | 11:14 | 111.16 | 9:29:30 | 5:07 | 1 | 9:29:30 | 1 | 9:29:30 |
| Control | - | fehlt! | - | - | - | - | - | 111.16 | - | - | - | - | - | - |
| Irchel | 5.64 | | 5:33 | 335 | 11:07 | 608 | 12:41 | 116.80 | 10:00:50 | 5:08 | 98 | 1:50:38 | 325 | 3:08:54 |