



38. SOLA-Stafette

Zürich / 07.05.2011

Detailed evaluation

BIWlrunners

Club: ETH
Number: 532

Course: 116.80 km
Sola-Stafette

Category:
Schnelle

Total time: 10:07:33

Speed: 11.46 km/h
Running performance: 5:15 min/km

Rank in course: 357 (of 790)

Best time in course: 6:52:28

Rank in category: 241 (of 313)

Best time in the category: 6:52:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Total	Cat.	Total				Cat.	Total	Cat.	Total
Hönggerberg	4.40		6:03	275	10:49	638	10:49	4.40	26:38	6:03	1	26:38	1	26:38
Buchlern	13.25		4:37	205	18:21	352	18:21	17.65	1:28:00	4:59	1	1:28:00	1	1:28:00
Uetliberg	6.20		6:03	205	11:56	373	11:56	23.85	2:05:32	5:15	1	2:05:32	1	2:05:32
Felsenegg	5.90		5:36	247	13:06	524	13:06	29.75	2:38:35	5:19	1	2:38:35	1	2:38:35
Buchlern	14.02		4:52	200	20:29	356	20:29	43.77	3:46:52	5:10	1	3:46:52	1	3:46:52
Hönggerberg	11.10		5:29	253	21:52	528	21:52	54.87	4:47:53	5:14	1	4:47:53	1	4:47:53
Irchel	5.10		5:45	259	12:35	527	12:35	59.97	5:17:14	5:17	1	5:17:14	1	5:17:14
Fluntern	6.34		5:40	277	14:09	603	14:09	66.31	5:53:11	5:19	1	5:53:11	1	5:53:11
Forch	11.30		5:10	199	19:46	365	19:46	77.61	6:51:37	5:18	1	6:51:37	1	6:51:37
Egg	8.75		4:31	66	7:29	83	7:29	86.36	7:31:17	5:13	1	7:31:17	1	7:31:17
Zumikon	12.99		5:06	199	19:24	332	19:24	99.35	8:37:40	5:12	1	8:37:40	1	8:37:40
Witikon	6.91		4:29	166	9:59	282	9:59	106.26	9:08:41	5:09	1	9:08:41	1	9:08:41
Fluntern	4.90		6:19	298	14:43	707	14:43	111.16	9:39:43	5:12	1	9:39:43	1	9:39:43
Control	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		4:56	190	9:11	354	9:11	116.80	10:07:33	5:12	247	3:15:37	374	3:15:37