



38. SOLA-Stafette

Zürich / 07.05.2011

Detailed evaluation

Bodybuilder & Models

Club: Alumni
Number: 597

Course: 116.80 km
Sola-Stafette

Category:
Schnelle

Total time: 9:38:12

Speed: 12.04 km/h
Running performance: 4:59 min/km

Rank in course: 176 (of 790)

Best time in course: 6:52:28

Rank in category: 153(of 313)

Best time in the category: 6:52:28

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| Hönggerberg | 4.40 | | 4:50 | 98 | 5:30 | 142 | 5:30 | 4.40 | 21:19 | 4:50 | 1 | 21:19 | 1 | 21:19 |
| Buchlern | 13.25 | | 5:02 | 275 | 23:53 | 590 | 23:53 | 17.65 | 1:28:13 | 4:59 | 1 | 1:28:13 | 1 | 1:28:13 |
| Uetliberg | 6.20 | | 5:53 | 176 | 10:56 | 296 | 10:56 | 23.85 | 2:04:45 | 5:13 | 1 | 2:04:45 | 1 | 2:04:45 |
| Felsenegg | 5.90 | | 4:24 | 53 | 6:04 | 66 | 6:04 | 29.75 | 2:30:46 | 5:04 | 1 | 2:30:46 | 1 | 2:30:46 |
| Buchlern | 14.02 | | 4:50 | 189 | 20:07 | 334 | 20:07 | 43.77 | 3:38:41 | 4:59 | 1 | 3:38:41 | 1 | 3:38:41 |
| Hönggerberg | 11.10 | | 4:30 | 65 | 10:59 | 104 | 10:59 | 54.87 | 4:28:49 | 4:53 | 1 | 4:28:49 | 1 | 4:28:49 |
| Irchel | 5.10 | | 5:00 | 159 | 8:48 | 266 | 8:48 | 59.97 | 4:54:23 | 4:54 | 1 | 4:54:23 | 1 | 4:54:23 |
| Fluntern | 6.34 | | 4:22 | 55 | 5:57 | 74 | 5:57 | 66.31 | 5:22:08 | 4:51 | 1 | 5:22:08 | 1 | 5:22:08 |
| Forch | 11.30 | | 4:13 | 34 | 9:07 | 44 | 9:07 | 77.61 | 6:09:55 | 4:45 | 1 | 6:09:55 | 1 | 6:09:55 |
| Egg | 8.75 | | 5:00 | 155 | 11:36 | 244 | 11:36 | 86.36 | 6:53:42 | 4:47 | 1 | 6:53:42 | 1 | 6:53:42 |
| Zumikon | 12.99 | | 6:34 | 308 | 38:30 | 756 | 38:30 | 99.35 | 8:19:11 | 5:01 | 1 | 8:19:11 | 1 | 8:19:11 |
| Witikon | 6.91 | | 4:10 | 89 | 7:51 | 140 | 7:51 | 106.26 | 8:48:04 | 4:58 | 1 | 8:48:04 | 1 | 8:48:04 |
| Fluntern | 4.90 | | 4:54 | 179 | 7:43 | 284 | 7:43 | 111.16 | 9:12:06 | 4:58 | 1 | 9:12:06 | 1 | 9:12:06 |
| Control | - | fehlt! | - | - | - | - | - | 111.16 | - | - | - | - | - | - |
| Irchel | 5.64 | | 4:37 | 134 | 7:27 | 227 | 7:27 | 116.80 | 9:38:12 | 4:57 | 157 | 2:46:16 | 186 | 2:46:16 |