



38. SOLA-Stafette

Zürich / 07.05.2011

Detailed evaluation

Daylong Runners

Club: Alumni
Number: 614

Course: 116.80 km
Sola-Stafette

Category:
Schnelle

Total time: 9:37:45

Speed: 12.05 km/h
Running performance: 4:59 min/km

Rank in course: 173 (of 790)

Best time in course: 6:52:28

Rank in category: 151 (of 313)

Best time in the category: 6:52:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hönggerberg	4.40		6:11	283	11:25	669	11:25	4.40	27:14	6:11	1	27:14	1	27:14
Buchlern	13.25		4:20	133	14:35	195	14:35	17.65	1:24:50	4:48	1	1:24:50	1	1:24:50
Uetliberg	6.20		5:57	192	11:21	330	11:21	23.85	2:01:47	5:06	1	2:01:47	1	2:01:47
Felsenegg	5.90		5:11	191	10:39	347	10:39	29.75	2:32:23	5:07	1	2:32:23	1	2:32:23
Buchlern	14.02		4:30	117	15:26	178	15:26	43.77	3:35:37	4:55	1	3:35:37	1	3:35:37
Hönggerberg	11.10		5:50	281	25:38	646	25:38	54.87	4:40:24	5:06	1	4:40:24	1	4:40:24
Irchel	5.10		4:43	110	7:21	171	7:21	59.97	5:04:31	5:04	1	5:04:31	1	5:04:31
Fluntern	6.34		4:56	161	9:32	267	9:32	66.31	5:35:51	5:03	1	5:35:51	1	5:35:51
Forch	11.30		4:31	75	12:31	103	12:31	77.61	6:27:02	4:59	1	6:27:02	1	6:27:02
Egg	8.75		5:21	223	14:41	428	14:41	86.36	7:13:54	5:01	1	7:13:54	1	7:13:54
Zumikon	12.99		4:13	37	7:57	40	7:57	99.35	8:08:50	4:55	1	8:08:50	1	8:08:50
Witikon	6.91		5:07	262	14:24	574	14:24	106.26	8:44:16	4:56	1	8:44:16	1	8:44:16
Fluntern	4.90		5:19	245	9:47	454	9:47	111.16	9:10:22	4:57	1	9:10:22	1	9:10:22
Control	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		4:51	176	8:44	322	8:44	116.80	9:37:45	4:56	155	2:45:49	183	2:45:49