



38. SOLA-Stafette

Zürich / 07.05.2011

Detailed evaluation

Joggair

Club: Alumni
Number: 653

Course: 116.80 km
Sola-Stafette

Category:
Schnelle

Total time: 9:50:38

Speed: 11.78 km/h
Running performance: 5:06 min/km

Rank in course: 238 (of 790)

Best time in course: 6:52:28

Rank in category: 191 (of 313)

Best time in the category: 6:52:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hönggerberg	4.40		4:24	40	3:33	51	3:33	4.40	19:22	4:24	1	19:22	1	19:22
Buchlern	13.25		4:01	62	10:18	77	10:18	17.65	1:12:41	4:07	1	1:12:41	1	1:12:41
Uetliberg	6.20		5:19	70	7:26	98	7:26	23.85	1:45:43	4:25	1	1:45:43	1	1:45:43
Felsenegg	5.90		4:14	32	5:06	41	5:06	29.75	2:10:46	4:23	1	2:10:46	1	2:10:46
Buchlern	14.02		5:48	296	33:39	692	33:39	43.77	3:32:13	4:50	1	3:32:13	1	3:32:13
Hönggerberg	11.10		4:53	149	15:11	257	15:11	54.87	4:26:33	4:51	1	4:26:33	1	4:26:33
Irchel	5.10		7:58	311	23:53	779	23:53	59.97	5:07:12	5:07	1	5:07:12	1	5:07:12
Fluntern	6.34		5:38	273	13:56	596	13:56	66.31	5:42:56	5:10	1	5:42:56	1	5:42:56
Forch	11.30		5:18	221	21:14	430	21:14	77.61	6:42:50	5:11	1	6:42:50	1	6:42:50
Egg	8.75		5:18	210	14:12	389	14:12	86.36	7:29:13	5:12	1	7:29:13	1	7:29:13
Zumikon	12.99		4:25	55	10:34	68	10:34	99.35	8:26:46	5:06	1	8:26:46	1	8:26:46
Witikon	6.91		4:30	167	10:04	288	10:04	106.26	8:57:52	5:03	1	8:57:52	1	8:57:52
Fluntern	4.90		4:31	109	5:52	156	5:52	111.16	9:20:03	5:02	1	9:20:03	1	9:20:03
Control	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		5:25	258	11:56	565	11:56	116.80	9:50:38	5:03	197	2:58:42	252	2:58:42