



38. SOLA-Stafette

Zürich / 07.05.2011

Detailed evaluation

K-Runners

Club: Alumni
Number: 655

Course: 116.80 km
Sola-Stafette

Category:
Schnelle

Total time: 10:24:34

Speed: 11.22 km/h
Running performance: 5:23 min/km

Rank in course: 470 (of 790)

Best time in course: 6:52:28

Rank in category: 273 (of 313)

Best time in the category: 6:52:28

Intermediate times

Stage score

Total ranking

| Control | Split | | | Pos | | Behind | | Total | | | Pos | | Behind | |
|-------------|-------|--------|--------|------|-------|--------|-------|--------|----------|--------|------|---------|--------|---------|
| | km | Time | min/km | Cat. | Cat. | Total | Total | km | Time | min/km | Cat. | Cat. | Total | Total |
| Hönggerberg | 4.40 | | 5:17 | 181 | 7:27 | 334 | 7:27 | 4.40 | 23:16 | 5:17 | 1 | 23:16 | 1 | 23:16 |
| Buchlern | 13.25 | | 5:02 | 274 | 23:48 | 588 | 23:48 | 17.65 | 1:30:05 | 5:06 | 1 | 1:30:05 | 1 | 1:30:05 |
| Uetliberg | 6.20 | | 5:52 | 171 | 10:48 | 285 | 10:48 | 23.85 | 2:06:29 | 5:18 | 1 | 2:06:29 | 1 | 2:06:29 |
| Felsenegg | 5.90 | | 4:48 | 119 | 8:28 | 192 | 8:28 | 29.75 | 2:34:54 | 5:12 | 1 | 2:34:54 | 1 | 2:34:54 |
| Buchlern | 14.02 | | 5:51 | 301 | 34:18 | 702 | 34:18 | 43.77 | 3:57:00 | 5:24 | 1 | 3:57:00 | 1 | 3:57:00 |
| Hönggerberg | 11.10 | | 4:48 | 136 | 14:14 | 231 | 14:14 | 54.87 | 4:50:23 | 5:17 | 1 | 4:50:23 | 1 | 4:50:23 |
| Irchel | 5.10 | | 5:00 | 157 | 8:45 | 262 | 8:45 | 59.97 | 5:15:54 | 5:16 | 1 | 5:15:54 | 1 | 5:15:54 |
| Fluntern | 6.34 | | 5:03 | 187 | 10:15 | 326 | 10:15 | 66.31 | 5:47:57 | 5:14 | 1 | 5:47:57 | 1 | 5:47:57 |
| Forch | 11.30 | | 5:32 | 260 | 23:58 | 549 | 23:58 | 77.61 | 6:50:35 | 5:17 | 1 | 6:50:35 | 1 | 6:50:35 |
| Egg | 8.75 | | 6:02 | 290 | 20:39 | 674 | 20:39 | 86.36 | 7:43:25 | 5:21 | 1 | 7:43:25 | 1 | 7:43:25 |
| Zumikon | 12.99 | | 5:28 | 257 | 24:11 | 516 | 24:11 | 99.35 | 8:54:35 | 5:22 | 1 | 8:54:35 | 1 | 8:54:35 |
| Witikon | 6.91 | | 5:09 | 266 | 14:34 | 580 | 14:34 | 106.26 | 9:30:11 | 5:21 | 1 | 9:30:11 | 1 | 9:30:11 |
| Fluntern | 4.90 | | 5:00 | 202 | 8:13 | 339 | 8:13 | 111.16 | 9:54:43 | 5:21 | 1 | 9:54:43 | 1 | 9:54:43 |
| Control | - | fehlt! | - | - | - | - | - | 111.16 | - | - | - | - | - | - |
| Irchel | 5.64 | | 5:17 | 246 | 11:12 | 517 | 11:12 | 116.80 | 10:24:34 | 5:20 | 280 | 3:32:38 | 488 | 3:32:38 |