



38. SOLA-Stafette

Zürich / 07.05.2011

Detailed evaluation

Kanti Baden - The Speed Runners

Club: Alumni

Number: 657

Course: 116.80 km

Sola-Stafette

Category:

Schnelle

Total time: 9:11:11

Speed: 12.71 km/h

Running performance: 4:45 min/km

Rank in course: 77 (of 790)

Best time in course: 6:52:28

Rank in category: 72(of 313)

Best time in the category: 6:52:28

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total | | Pos Cat. | Behind Cat. | Total ranking | | |
|-------------|----------|------------|--------------|----------|-------------|-------------|--------------|----------|------------|----------|-------------|---------------|--------------|---------|
| | | | | | | Pos Total | Behind Total | Total km | Total Time | | | Pos Total | Behind Total | |
| Hönggerberg | 4.40 | | 5:04 | 147 | 6:31 | 242 | 6:31 | 4.40 | 22:20 | 5:04 | 1 | 22:20 | 1 | 22:20 |
| Buchlern | 13.25 | | 4:24 | 149 | 15:19 | 229 | 15:19 | 17.65 | 1:20:40 | 4:34 | 1 | 1:20:40 | 1 | 1:20:40 |
| Uetliberg | 6.20 | | 5:43 | 142 | 9:51 | 229 | 9:51 | 23.85 | 1:56:07 | 4:52 | 1 | 1:56:07 | 1 | 1:56:07 |
| Felsenegg | 5.90 | | 5:05 | 176 | 10:04 | 313 | 10:04 | 29.75 | 2:26:08 | 4:54 | 1 | 2:26:08 | 1 | 2:26:08 |
| Buchlern | 14.02 | | 3:48 | 16 | 5:40 | 18 | 5:40 | 43.77 | 3:19:36 | 4:33 | 1 | 3:19:36 | 1 | 3:19:36 |
| Hönggerberg | 11.10 | | 4:34 | 78 | 11:37 | 128 | 11:37 | 54.87 | 4:10:22 | 4:33 | 1 | 4:10:22 | 1 | 4:10:22 |
| Irchel | 5.10 | | 5:00 | 160 | 8:49 | 267 | 8:49 | 59.97 | 4:35:57 | 4:36 | 1 | 4:35:57 | 1 | 4:35:57 |
| Fluntern | 6.34 | | 4:57 | 164 | 9:38 | 276 | 9:38 | 66.31 | 5:07:23 | 4:38 | 1 | 5:07:23 | 1 | 5:07:23 |
| Forch | 11.30 | | 4:57 | 163 | 17:25 | 258 | 17:25 | 77.61 | 6:03:28 | 4:40 | 1 | 6:03:28 | 1 | 6:03:28 |
| Egg | 8.75 | | 4:25 | 45 | 6:31 | 57 | 6:31 | 86.36 | 6:42:10 | 4:39 | 1 | 6:42:10 | 1 | 6:42:10 |
| Zumikon | 12.99 | | 4:58 | 174 | 17:44 | 271 | 17:44 | 99.35 | 7:46:53 | 4:41 | 1 | 7:46:53 | 1 | 7:46:53 |
| Witikon | 6.91 | | 4:17 | 116 | 8:40 | 188 | 8:40 | 106.26 | 8:16:35 | 4:40 | 1 | 8:16:35 | 1 | 8:16:35 |
| Fluntern | 4.90 | | 5:04 | 215 | 8:35 | 373 | 8:35 | 111.16 | 8:41:29 | 4:41 | 1 | 8:41:29 | 1 | 8:41:29 |
| Control | - | fehlt! | - | - | - | - | - | 111.16 | - | - | - | - | - | - |
| Irchel | 5.64 | | 5:15 | 241 | 11:03 | 505 | 11:03 | 116.80 | 9:11:11 | 4:43 | 75 | 2:19:15 | 84 | 2:19:15 |