



38. SOLA-Stafette

Zürich / 07.05.2011

Detailed evaluation

Komaxrunner

Club: Alumni
Number: 663

Course: 116.80 km
Sola-Stafette

Category:
Schnelle

Total time: 9:13:35

Speed: 12.57 km/h
Running performance: 4:47 min/km

Rank in course: 84 (of 790)

Best time in course: 6:52:28

Rank in category: 79(of 313)

Best time in the category: 6:52:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind		
				Cat.	Total	Cat.	Total				Cat.	Total	Cat.	Total	
Hönggerberg	4.40		3:58	10	12	1:39	1:39	4.40	17:28	3:58	1	1	17:28	1	17:28
Buchlern	13.25		3:51	33	39	8:11	8:11	17.65	1:08:40	3:53	1	1	1:08:40	1	1:08:40
Uetliberg	6.20		5:16	63	89	7:07	7:07	23.85	1:41:23	4:15	1	1	1:41:23	1	1:41:23
Felsenegg	5.90		5:31	235	484	12:37	12:37	29.75	2:13:57	4:30	1	1	2:13:57	1	2:13:57
Buchlern	14.02		4:32	124	191	15:57	15:57	43.77	3:17:42	4:31	1	1	3:17:42	1	3:17:42
Hönggerberg	11.10		5:26	244	496	21:16	21:16	54.87	4:18:07	4:42	1	1	4:18:07	1	4:18:07
Irchel	5.10		4:12	37	49	4:42	4:42	59.97	4:39:35	4:39	1	1	4:39:35	1	4:39:35
Fluntern	6.34		4:47	129	198	8:36	8:36	66.31	5:09:59	4:40	1	1	5:09:59	1	5:09:59
Forch	11.30		4:32	76	105	12:34	12:34	77.61	6:01:13	4:39	1	1	6:01:13	1	6:01:13
Egg	8.75		5:33	249	517	16:24	16:24	86.36	6:49:48	4:44	1	1	6:49:48	1	6:49:48
Zumikon	12.99		4:13	35	37	7:49	7:49	99.35	7:44:36	4:40	1	1	7:44:36	1	7:44:36
Witikon	6.91		4:43	216	405	11:37	11:37	106.26	8:17:15	4:40	1	1	8:17:15	1	8:17:15
Fluntern	4.90		5:01	205	348	8:19	8:19	111.16	8:41:53	4:41	1	1	8:41:53	1	8:41:53
Control	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-	-
Irchel	5.64		5:37	276	623	13:03	13:03	116.80	9:13:35	4:44	82	91	2:21:39	91	2:21:39