



38. SOLA-Stafette

Zürich / 07.05.2011

Detailed evaluation

Rasendi Wildsäu

Club: Alumni
Number: 700

Course: 116.80 km
Sola-Stafette

Category:
Schnelle

Total time: 9:07:40

Speed: 12.71 km/h
Running performance: 4:43 min/km

Rank in course: 72 (of 790)

Best time in course: 6:52:28

Rank in category: 67(of 313)

Best time in the category: 6:52:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hönggerberg	4.40		5:05	152	6:35	250	6:35	4.40	22:24	5:05	1	22:24	1	22:24
Buchlern	13.25		4:17	120	13:55	172	13:55	17.65	1:19:20	4:29	1	1:19:20	1	1:19:20
Uetliberg	6.20		5:27	89	8:17	132	8:17	23.85	1:53:13	4:44	1	1:53:13	1	1:53:13
Felsenegg	5.90		5:19	211	11:28	403	11:28	29.75	2:24:38	4:51	1	2:24:38	1	2:24:38
Buchlern	14.02		4:11	59	10:54	75	10:54	43.77	3:23:20	4:38	1	3:23:20	1	3:23:20
Hönggerberg	11.10		4:48	140	14:18	235	14:18	54.87	4:16:47	4:40	1	4:16:47	1	4:16:47
Irchel	5.10		4:38	92	6:54	140	6:54	59.97	4:40:27	4:40	1	4:40:27	1	4:40:27
Fluntern	6.34		4:55	159	9:25	259	9:25	66.31	5:11:40	4:42	1	5:11:40	1	5:11:40
Forch	11.30		5:07	193	19:19	344	19:19	77.61	6:09:39	4:45	1	6:09:39	1	6:09:39
Egg	8.75		4:47	108	9:43	153	9:43	86.36	6:51:33	4:45	1	6:51:33	1	6:51:33
Zumikon	12.99		4:35	89	12:35	120	12:35	99.35	7:51:07	4:44	1	7:51:07	1	7:51:07
Witikon	6.91		4:10	90	7:52	141	7:52	106.26	8:20:01	4:42	1	8:20:01	1	8:20:01
Fluntern	4.90		4:21	78	5:00	109	5:00	111.16	8:41:20	4:41	1	8:41:20	1	8:41:20
Control	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		4:40	143	7:41	248	7:41	116.80	9:07:40	4:41	70	2:15:44	78	2:15:44