



38. SOLA-Stafette

Zürich / 07.05.2011

Detailed evaluation

SAS 4ever

Club: Alumni
Number: 710

Course: 116.80 km
Sola-Stafette

Category:
Schnelle

Total time: 9:05:58

Speed: 12.75 km/h
Running performance: 4:43 min/km

Rank in course: 68 (of 790)

Best time in course: 6:52:28

Rank in category: 64(of 313)

Best time in the category: 6:52:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hönggerberg	4.40		5:04	151	6:33	246	6:33	4.40	22:22	5:04	1	22:22	1	22:22
Buchlern	13.25		4:44	225	19:54	421	19:54	17.65	1:25:17	4:49	1	1:25:17	1	1:25:17
Uetliberg	6.20		5:42	140	9:46	225	9:46	23.85	2:00:39	5:03	1	2:00:39	1	2:00:39
Felsenegg	5.90		4:11	25	4:47	33	4:47	29.75	2:25:23	4:53	1	2:25:23	1	2:25:23
Buchlern	14.02		4:17	82	12:17	108	12:17	43.77	3:25:28	4:41	1	3:25:28	1	3:25:28
Hönggerberg	11.10		4:33	73	11:24	116	11:24	54.87	4:16:01	4:39	1	4:16:01	1	4:16:01
Irchel	5.10		4:05	31	4:08	40	4:08	59.97	4:36:55	4:37	1	4:36:55	1	4:36:55
Fluntern	6.34		5:14	228	11:23	430	11:23	66.31	5:10:06	4:40	1	5:10:06	1	5:10:06
Forch	11.30		4:53	148	16:38	225	16:38	77.61	6:05:24	4:42	1	6:05:24	1	6:05:24
Egg	8.75		4:26	49	6:40	62	6:40	86.36	6:44:15	4:40	1	6:44:15	1	6:44:15
Zumikon	12.99		4:51	149	16:03	223	16:03	99.35	7:47:17	4:42	1	7:47:17	1	7:47:17
Witikon	6.91		4:50	236	12:27	465	12:27	106.26	8:20:46	4:42	1	8:20:46	1	8:20:46
Fluntern	4.90		4:40	143	6:37	209	6:37	111.16	8:43:42	4:42	1	8:43:42	1	8:43:42
Control	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		3:56	31	3:37	36	3:37	116.80	9:05:58	4:40	66	2:14:02	73	2:14:02