



38. SOLA-Stafette

Zürich / 07.05.2011

Detailed evaluation

Gravity Runners

Club: Ang.
Number: 775

Course: 116.80 km
Sola-Stafette

Category:
Schnelle

Total time: 10:00:03

Speed: 11.60 km/h
Running performance: 5:11 min/km

Rank in course: 303 (of 790)

Best time in course: 6:52:28

Rank in category: 219(of 313)

Best time in the category: 6:52:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Total	Cat.	Total				Cat.	Total	Cat.	Total
Hönggerberg	4.40		5:35	236	475	8:46	8:46	4.40	24:35	5:35	1	24:35	1	24:35
Buchlern	13.25		5:02	271	583	23:42	23:42	17.65	1:31:18	5:10	1	1:31:18	1	1:31:18
Uetliberg	6.20		4:53	26	29	4:46	4:46	23.85	2:01:40	5:06	1	2:01:40	1	2:01:40
Felsenegg	5.90		4:55	150	249	9:04	9:04	29.75	2:30:41	5:03	1	2:30:41	1	2:30:41
Buchlern	14.02		5:28	285	630	28:59	28:59	43.77	3:47:28	5:11	1	3:47:28	1	3:47:28
Hönggerberg	11.10		4:51	144	244	14:46	14:46	54.87	4:41:23	5:07	1	4:41:23	1	4:41:23
Irchel	5.10		5:11	184	328	9:45	9:45	59.97	5:07:54	5:08	1	5:07:54	1	5:07:54
Fluntern	6.34		5:26	253	532	12:39	12:39	66.31	5:42:21	5:09	1	5:42:21	1	5:42:21
Forch	11.30		5:28	250	514	23:12	23:12	77.61	6:44:13	5:12	1	6:44:13	1	6:44:13
Egg	8.75		5:14	199	351	13:40	13:40	86.36	7:30:04	5:12	1	7:30:04	1	7:30:04
Zumikon	12.99		4:54	156	240	16:43	16:43	99.35	8:33:46	5:10	1	8:33:46	1	8:33:46
Witikon	6.91		5:20	281	638	15:51	15:51	106.26	9:10:39	5:10	1	9:10:39	1	9:10:39
Fluntern	4.90		5:04	215	373	8:35	8:35	111.16	9:35:33	5:10	1	9:35:33	1	9:35:33
Control	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		4:20	71	105	5:51	5:51	116.80	10:00:03	5:08	225	3:08:07	319	3:08:07