



38. SOLA-Stafette

Zürich / 07.05.2011

Detailed evaluation

Microrunners

Club: ETH
Number: 98

Course: 116.80 km
Sola-Stafette

Category:
Langsame

Total time: 10:55:32

Speed: 10.69 km/h
Running performance: 5:36 min/km

Rank in course: 649 (of 790)

Best time in course: 6:52:28

Rank in category: 355(of 477)

Best time in the category: 8:43:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Cat.	Total	Total				Cat.	Cat.	Total	Total
Hönggerberg	4.40		7:10	460	14:23	770	15:46	4.40	31:35	7:10	1	31:35	1	31:35
Buchlern	13.25		5:46	451	28:58	755	33:28	17.65	1:48:04	6:07	1	1:48:04	1	1:48:04
Uetliberg	6.20		6:26	274	10:46	523	14:22	23.85	2:28:02	6:12	1	2:28:02	1	2:28:02
Felsenegg	5.90		6:22	422	14:58	717	17:39	29.75	3:05:38	6:14	1	3:05:38	1	3:05:38
Buchlern	14.02		4:46	131	15:12	300	19:13	43.77	4:12:39	5:46	1	4:12:39	1	4:12:39
Hönggerberg	11.10		4:45	81	11:04	208	13:45	54.87	5:05:33	5:34	1	5:05:33	1	5:05:33
Irchel	5.10		5:32	220	9:09	457	11:29	59.97	5:33:48	5:33	1	5:33:48	1	5:33:48
Fluntern	6.34		5:26	282	10:37	535	12:42	66.31	6:08:18	5:33	1	6:08:18	1	6:08:18
Forch	11.30		5:55	380	25:25	676	28:17	77.61	7:15:15	5:36	1	7:15:15	1	7:15:15
Egg	8.75		5:44	324	16:51	598	18:05	86.36	8:05:31	5:37	1	8:05:31	1	8:05:31
Zumikon	12.99		5:50	354	22:41	644	28:50	99.35	9:21:20	5:39	1	9:21:20	1	9:21:20
Witikon	6.91		5:53	422	16:51	725	19:39	106.26	10:02:01	5:39	1	10:02:01	1	10:02:01
Fluntern	4.90		5:07	167	8:18	385	8:50	111.16	10:27:10	5:38	1	10:27:10	1	10:27:10
Control	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		5:01	199	8:09	403	9:43	116.80	10:55:32	5:36	367	2:45:20	668	4:03:36