



6. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 07.05.2011

Detailed evaluation

Kose,Rüdiger

Club: Skiclub Schwerte e. V.

Number: 2035

Course: 18.00 km

Nordic Walking

Total time: 2:17:20

Speed: 7.86 km/h

metres in height up: 640

Course score: 27.60

performance score: 222 Points