



6. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 07.05.2011

Detailed evaluation

Luhmann, Gerhard

Club: Post SV Unna

Number: 1034

Course: 13.00 km

Nordic Walking

Total time:

Speed: 7.55 km/h

metres in height up: 414

Course score: 19.21

performance score: 148 Points