



## 6. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 07.05.2011

### Detailed evaluation

menzel,achim

Club: wt-soest

Number: 2050

Course: 18.00 km

Nordic Walking

Total time: 2:50:37

Speed: 6.33 km/h

metres in height up: 640

Course score: 27.60

performance score: 179 Points