



6. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 07.05.2011

Detailed evaluation

Bethke, Volkmar

Number: 1082

Course: 13.00 km

Walking

Total time:

Speed: 8.36 km/h

metres in height up: 414

Course score: 19.21

performance score: 164 Points